

Special note on "Sleep Safe"

Here are some general guidelines as per recommended by Canada Health. Please note these facts when making your donation.

- It is recommended that nothing be in the crib of a sleeping infant including blankets, pillows, bumper pads, toys, or positional wedges.
- Proper fitting sleep sacks are acceptable.
- Swaddles - in which an infant is tightly wrapped in a blanket (arms and all) is not endorsed by Canada Health. It can impede the child's ability to communicate with their arms and can hinder the natural development of their hips. Therefore, we do not accept Swaddles.
- The only blanket that is considered suitable for sleep is a "receiving blanket" because it is lightweight and breathable.
- Any donated quilts, comforters, and heavy or large knitted/crocheted blankets will be offered to children who have transitioned to a bed.
- Smaller, lighter blankets are suitable for strollers and car seats.

<https://www.canada.ca/en/public-health/services/health-promotion/childhood-adolescence/stages-childhood/infancy-birth-two-years/safe-sleep/safe-sleep-your-baby-brochure.html>



OPEN:

Monday to Thursday
10 - 2pm

CLOSED:

The last Thursday of the month,
holidays and snow days

1032 Lasalle Blvd.
Sudbury, Ontario / P3A 1X9

705-673-5003

infantfoodbank@gmail.com
allweneedsudbury.ca
pccifb.ca



Thank you for participating
in this years
"All We Need For Christmas"
campaign!

We are very grateful that
you are partnering with us to
help serve families in need in
our community.

Here is a detailed list of
NEW items we are currently
collecting for infants and
children up to age three.



**PREGNANCY
CARE CENTRE**
& **Infant Food Bank**



To NOURISH them...

- Infant formula -Ex: Hypoallergenic, Enfamil A+, Similac, Kirkland..
- Baby food -beginner to 12 months + (jar/pouch)
- Cereal -beginner to 12 months +
- Snacks -Ex: Arrowroot cookies, applesauce, granola bars, Mums, Puffs...
- Bibs
- Baby bottles
- Baby dishes, utensils, sippy cups...
- High chairs & booster seats

To CLOTHE them...

- New clothing -Ex: pants, sleepers, onesies, outfits, socks...
Sizes preemie to 5T
- Infant scratch mitts, hats & booties
- Outdoor clothing -Ex: Coats, snowsuits, hats, mittens... *Sizes newborn to 5T*
- Outdoor footwear - *Sizes 1 to Junior 1
- Maternity clothes

To keep them SAFE...

- Baby gates
- Child safety locks, plug covers, edge & corner guards...

To keep them HYGIENIC...

- Diapers -sizes newborn to 6
- Pull-ups -size 2T-3T
- Wipes
- Baby wash, soaps, lotions, diaper cream, shampoo,
CORNSTARCH baby powder only...
- Toothbrushes
- Grooming kits -Ex: nail clippers, nail files
- Laundry detergent -Sensitive
- Baby bath towels & face cloths
- Nursing Pads
- Sanitary pads

For the NURSERY...

- Receiving blankets
- Sleep sacks -newborn size preferred
- Fitted crib sheets
- Mattress protectors -crib size only
- Bassinets
- Bassinet sheets
- Change pads & covers
- Baby monitors
- Baby swings
- Soothers

To PLAY with them...

- Age appropriate infant & toddler educational toys
- Teething rings
- Rattles
- Story books

To TRAVEL with them...

- Infant & toddler car seats
- Strollers
- Baby carriers, wraps & slings
- Stroller weather shields
- Pack n' Play
- Diaper bag

Our CENTRE needs...

- Assorted batteries
- Paper towels, toilet paper, hand soap, dish soap, dishwasher tabs.
- Lint rollers
- Garbage bags
- CLEAR packing tape
- Reusable or plastic shopping bags

